



## Taking First Responders from “Hurting to Healing”

**FACT:** Since 2016, more first responders have died by suicide than all line of duty deaths combined.

First Responders Bridge is a non-profit (501c3) comprised of first responders who have experienced firsthand the traumatic events associated with duty related crisis; licensed clinicians who have counseled numerous first responders, and business and community leaders who have the passion for helping first responders and their families.

The “Mission” of First Responders Bridge is to support all active or retired first responders, dispatchers, and their family members or caregivers who are experiencing any traumatic or life altering event. We will work with them to assist in personal growth to sustain healthy relationships with a multi-faceted approach within a safe and confidential environment.

First Responders Bridge provides a three-day, expense free retreat for first responders, dispatchers and their family members or caregivers. Through this retreat, we aim to bring healing to those heroes and their families who need it. The Retreat offers a relaxing and healing environment where they can learn through activities, peer speakers, clinicians and open discussions. First Responders Bridge retreats are producing healthier first responders, healthier marriages and our ultimate goal is to reduce the suicide rate among our first responders.

The costs associated to attend our retreats are paid for through donations provided by our generous sponsors. These sponsors appreciate the sacrifices of these heroes who serve their communities every day. We hope that you will consider being part of the “Mission” of First Responders Bridge.



### Who We Serve

- Law Enforcement Officers
- Corrections Officers
- Firefighters
- Paramedics, EMS, EMT
- Dispatchers, 911 Operators & Call Takers

[www.firstrespondersbridge.org](http://www.firstrespondersbridge.org)